

MARGO FOWKES

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SALT WATER

FOUNDER

findyourharbor.com



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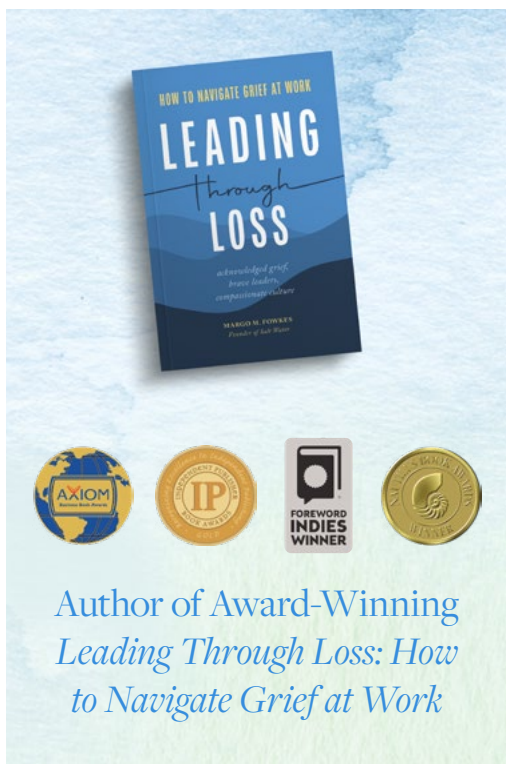
CONSULTANT | SPEAKER | COACH | AUTHOR

Margo Fowkes (pronounced “Folks”) is the founder and president of OnTarget Consulting inc., a firm specializing in helping organizations and individuals act strategically, improve their performance and achieve their business goals.

Author of award-winning *Leading Through Loss: How to Navigate Grief at Work*, Margo also coaches leaders on how to create a more compassionate culture by acknowledging and speaking openly about grief and loss in the workplace.

Following the death of her son Jimmy in 2014 after an eight-year battle with brain cancer, Margo launched Salt Water, an online community that provides a safe harbor for those who have lost someone dear to them – a child, parent, partner, sibling, close friend or pet. Inspired by Jimmy’s determination to live a rich, full life despite his circumstances, the blog posts and resources focus on healing and building a new life in the aftermath of a devastating loss.

Margo believes that grief needs to be acknowledged and witnessed before it can begin to heal.



Author of Award-Winning
*Leading Through Loss: How
to Navigate Grief at Work*

“*Leading Through Loss* is a compassionate, realistic guide designed to help shepherd grieving employees through the stress and pain of loss.”



FEATURED ON

Grief Out Loud podcast
Beyond Well with Sheila Hamilton
Sacramento Magazine

Available now from Amazon,
Barnes & Noble or your
favorite indie bookseller

“An accessible, practical guide that will provide CEOs with the tools they need to respond compassionately to loss in the workplace. This book should be required reading for every leader and every MBA program.”



INTERVIEW IDEAS

- What to say (and not say) to a grieving colleague
- Calculating the cost of ignoring grief in the workplace
- Navigating the death of an employee
- Managing your grief when you are the boss
- How to support a grieving coworker
- Returning to work when you are grieving
- Grief support in a virtual workplace



SUGGESTED QUESTIONS

- How does grief manifest at work?
- What’s the cost of failing to acknowledge grief in the workplace?
- What’s the most important action to take right after an employee loses a loved one?
- What are the biggest challenges grieving employees face when they return to work?
- How can managers best support a grieving employee?
- What advice do you have for a leader who has had an employee die?
- How should a leader navigate returning to work after a loss?
- What impact does a hybrid work environment have on the way managers need to support grieving colleagues?
- If you could give one piece of advice to a leader on how to support a grieving employee, what would you say?